


SEPTEMBER 2019

www.DanceWellPDX.com

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
BEAVERTON 1 7-9:30p \$5 DANCE Mini-Lesson: BACHATA	BEAVERTON 2	PARKROSE 3 12p Senior Adult: CHA CHA-1 1p WEST COAST-1 6p E. COAST SWING-2 7p SALSA-1 8-10:30p \$5 DANCE Mini-Lesson: WALTZ	PARKROSE 4 1p TANGO-2 2p RUMBA-1.5 International 4p KIDS Beginner BALLROOM: SALSA1 BEAVERTON 7:30p WALTZ-1 8:30p SWING-2	BEAVERTON 5 12p Senior Adult Class: BACHATA-1 1p WEST COAST SWING-1.5	6	BEAVERTON 7 7:30-11p \$10 SATURDAY NEIGHBOR- HOOD SOCIAL Mini-Lesson: COUNTRY 2-STEP
BEAVERTON 8 2p KIDS BEGINNER Class: SWING 4:30p WALTZ-2 5:30p NIGHTCLUB TWO-STEP-1 (BEG) NO DANCE TONIGHT Join us Saturday 9/7	BEAVERTON 9 7p QUICKSTEP-1.5 8p RUMBA-2	PARKROSE 10 12p Senior CHA CHA-1 1p WEST COAST SWING-2 6p EAST COAST SWING 7p SALSA-1 8-10:30p \$5 DANCE Mini-Lesson: RUMBA	PARKROSE 11 1p TANGO-2 2p RUMBA-1.5 International 4p KIDS SALSA-1 BEAVERTON 7:30p WALTZ-1 8:30p SWING-2	BEAVERTON 12 12p Senior Adult Class: BACHATA-1 1p Senior Adult WEST COAST SWING-1.5	13	14 NEW CLASSES ARE HIGH-LIGHTED BOOKING DISCOUNTS END 48 hrs. prior to 1st class. WALK-INS welcome \$10 weekday afternoons or \$12 — Check online DAY OF for class changes. Email to suggest a class Updated 12 August 2019
BEAVERTON 15 2p KIDS: SWING-1 4:30p WALTZ-2 5:30p NIGHTCLUB TWO-STEP-1 7-9:30p \$5 DANCE Mini-Lesson: SWING	BEAVERTON 16 7p QUICKSTEP-1.5 8p RUMBA-2	PARKROSE 17 12p Senior CHA CHA-1 1p WEST COAST SWING-2 6p EAST COAST SWING 7p SALSA-1 8-10:30p \$5 DANCE Mini-Lesson: HUSTLE	PARKROSE 18 1p TANGO-2 2p RUMBA-1.5 4p KIDS SALSA-1 BEAVERTON 7:30p WALTZ-1 8:30p SWING-2	BEAVERTON 19 12p Senior Adult Class: BACHATA-1 1p Senior Adult WEST COAST SWING-1.5	20	21 
BEAVERTON 22 2p KIDS: SWING-1 4:30p WALTZ-2 5:30p NIGHTCLUB TWO-STEP-1 7-9:30p \$5 DANCE Mini-Lesson: CHA CHA	BEAVERTON 23 7p QUICKSTEP-1.5 8p RUMBA-2	PARKROSE 24 12p Senior CHA CHA-1 1p WEST COAST SWING-2 6p EAST COAST SWING 7p SALSA-1 8-10:30p \$5 DANCE Mini-Lesson: NIGHTCLUB 2	PARKROSE 25 1p TANGO-2 2p RUMBA-1.5 4p KIDS SALSA-1 BEAVERTON 7:30p WALTZ-1 8:30p SWING-2	BEAVERTON 26 12p Senior Adult Class: BACHATA-1 1p Senior Adult WEST COAST SWING-1.5	PARKROSE 27 8-11p \$10 FRIDAY SOCIAL Mini-Lesson: BACHATA	BEAVERTON 28
BEAVERTON 29 2p KIDS: SWING-1 4:30p WALTZ-2 5:30p NIGHTCLUB TWO-STEP-1 7-9:30p \$5 DANCE Mini-Lesson: TANGO	BEAVERTON 30 7p QUICKSTEP-1.5 8p RUMBA-2			Please check online CALENDAR-AT-A- GLANCE for class updates.	CLASS SKILL LEVELS 1— BEGINNER 2— INTERMEDIATE 3— INTERMEDIATE to ADVANCED <i>*Private lessons available by appointment</i>	

To view the most current **CLASS UPDATES**,
see the **ONLINE DROPDOWN CLASS LIST**

**CONFIRM CLASSES ONLINE
OR BY PHONE !**

www.dancewellballroom.com
linda@dancewellballroom.com

PHONE #: (503) 241-0460 ext.1

**Have fun! Meet new people! And
get great exercise all same time!**

GROUP CLASS PRICING

MOST CLASSES BEGIN 1ST WEEK OF MONTH. CREATE
YOUR PROFILE ONLINE — BOOK ONLINE FOR DISCOUNTS
OR DROP IN Cash, check, credit card

PRICING LEVELS FOR CLASSES

* YOUTH CLASSES

\$40 4-wks Prepaid or \$12 Daily Drop-in

* ADULT CLASSES EVENINGS & WEEKENDS

\$40 4-wks Prepaid / or \$12 Drop-in

* ADULT CLASSES WEEKDAY AFTERNOONS

\$32 4-wks Prepaid / or \$10 Drop-in

*Classes are 50-minutes; those not meeting a minimum
student count may be cancelled. **You must be enrolled
in our automated Notifications system to receive notice of
class changes. *** (No refunds or credit for missed
classes [limited class make-ups are allowed as needed])

PRIVATE LESSONS:

***Tigard & Parkrose: \$79.00/hr**

***Beaverton: \$75.00/hr**



INSTRUCTORS:

Instructors:
(L to R) Patti, Gary,
Linda, Rick
Owner/Director:
Linda Springstead

DANCEWELL MAILING ADDRESS:
POB 230771
Tigard OR 97281

**Note that the buildings where we hold
classes are separate businesses from
DanceWell PDX .

** Class PRICING DISCOUNTS end 48 hours
prior to the first class of a series.

**Drop-in to classes anytime — BUT — check
to confirm class details and meeting dates
each time.

CLASS PROGRAMS

-Daytime & Evening

Classes build on skills learned in the previous months.
Repeat several times to master skills at each level.

NE PORTLAND

Tuesdays, Wednesday afternoons, 4th Friday

TIGARD

Currently private lesson appointments only

BEAVERTON

Sundays, Mondays, Wednesdays, Thursdays

CLASS LEVEL PROGRESSION:

1= Intro (No dance experience)

1= Beginner (Faster-paced, newcomer)

**2=Intermediate (Suggested 3-5 months
experience) Variations & Lead/Follow**

3=Intermediate/Advanced

(Suggested 1-3 year experience)

*Variations, technique, choreography.
Also performance.*

YOUTH CLASSES: 9-18 years old.

TEACHER TRAINING:

Bronze & Silver American Program—

**15 steps of each dance in two months as
Leader and Follower. See the website**

2 GROUP CLASS LOCATIONS:

PORTLAND-NORTHEAST [Parkrose]

4848 NE 105th Ste.B (105th & Sandy Blvd.)

PORTLAND 97220

DanceWell @ Parkrose Ballroom

PORTLAND -WEST [Beaverton]

3425 SW 185th Ave. (185th & Tualatin-Valley Hwy.)

BEAVERTON 97006

DanceWell @ Aloha Grange

Private lessons available by appointment in 4 locations.

PUBLIC DANCE EVENTS

CHECK ONLINE CALENDAR-AT-A-GLANCE TO CONFIRM
DATES & occasional THEMES. EARLY BOOKING ends 1
day prior to event online, email or phone 503.241.0460

SUNDAY NIGHT DANCE Cover: \$5

8-10:30pm WEEKLY Aloha Grange 3425 SW 185th Ave. 97220

30-min. *Beginning Lesson'* —Instructor/Emcee: Various
OPEN DANCING. Variety music, guided practicas, mixers

TUESDAY NIGHT DANCE Cover: \$5

8-10pm WEEKLY Parkrose Ballroom 4848 NE 105th 97006

30-min. *Lesson: Instructor/Emcee: Various*

OPEN DANCING: Variety music, mixers and fun for all plus
great practice & clear beats.

4th FRIDAY SOCIAL Cover: \$10 (\$8 early booking, \$5 under 25)

8-11pm MONTHLY Parkrose Ballroom 4848 NE 105th 97006

30 min. *Lesson Instructor/DJ/Emcee: Various*

OPEN DANCING. Socializing and a casual or dressy evening.

1st SATURDAY SOCIAL \$10 (\$8 early booking, \$5 under 25)

7:30-11pm MONTHLY [Begins August 3] Beaverton: Aloha
Grange 3425 SW 185th Ave. 97220

30 min. *Lesson —Instructor/DJ/Emcee: Various*

OPEN DANCING. Socializing and a casual or dressy evening.
Variety Social Ballroom